

COVID -19 STUDIO POLICY GUIDELINES FOR IN -STUDIO OPEN CLASSES

Even though people are feeling better about Covid-19 due to the process of vaccination, we at Integrarte have decided to continue with our safety protocols for the well-being of every single person.

Until further notice, we require that everyone wear a mask inside Integrarte's spaces and follow our in-studio protocols.

The health and safety of our students, staff and families is our top priority. We appreciate you taking the time to review this reopening guide thoroughly. Our plan revolves around our collective participation and cooperation with major changes to how we operate and use the facility. Together, we can keep ourselves and each other safe and healthy, while returning to the studio as responsibly as possible.

At Integrarte we understand that some people have not yet been Vaccinated for one or another reason, and totally respect that. We ask all of you to please keep your self from questioning others about their vaccination status, for the comfort of everyone.

We trust that each individual is doing their part (vaccinated or not) to help keeping everyone else healthy. At Integrarte it is required to wear mask at all times inside the building until farther notice.

Thank you for your understanding and cooperation.

Integrarte:)

BEFORE LEAVING HOME:

Please If you are not feeling well you need to stay home.

Arrive for class with your dance cloth under your street clothes & bring enough water.

Dressing room, kitchen area & water station will not be available.

ARRIVAL:

Door will only be open 30min prior to class and closed 5min before the time of class to allow teachers comfortably start in time with virtual & In person students.

Students will not be permitted to enter the building earlier than their scheduled arrival window,.

Students should Pre-register using our MINDBODY APP.
Registrations ends the night before of class. Classes in person are limited to a number of students, if students arrive without previous registration and all spaces are taken the student will not be able to take class.

Note: Not refund for late arrival / missing or cancelation of class.

Parking is available at the open parking lot across the Church on Elms street. Look for Integrarte's sign - **Do not** park on the back of the church at the playground area. That area is only for Integrarte's and Hope Central Church Staff.

ENTERING THE BUILDING:

Mask is require all time -no parents allow at this point. There is not waiting area inside the building.

Prior to entering the studio, temperature via a no-touch thermometer will be taken, and a Covid-19 waiver will given for you to sign.

If your temperature is above 100.4 degrees Fahrenheit (38 Celsius), you should return home.

Students will be ask to remove their street shoes at the entrance in order to proceed into the building and into the studio.

INSIDE THE STUDIO

Arrive for class with your <u>dance cloth</u> under your street clothes.

There are individual stations marked along the wall from #1 to #7 on each side of the studio that are arranged for each student - PLEASE pick one and do not touch or step into other stations once you have chosen yours.

You will remove your street cloth in the studio at your station and storage all your belongings inside your bag.

The individual stations along the wall is for students to place their personal items but also for waiting before class and during center Combinations.

For Ballet class each student will have their own barre (no sharing barres) Barres will be already arranged PLEASE DO NOT MOVE THEM.

Each Barre have a bag with a sanitizer and a fabric cloth. Students will be responsible to clean the barre at the end of barre workout (if you are allergic please bring your own sanitizer spray/ wipes). The Barre will be taken to a specific area directed by the teacher.

For any other classes at Integrarte instructions will be send/ posted or giving by the instructor.

MASKS

While it may be uncomfortable at first, you should wear a mask the entire time you're in the studio. Dial down the intensity of your dancing if you're feeling short of breath, lightheaded or dizzy, but know that your body will adjust to exercising with a mask over time.

Students will be allowed to remove mask momentarily while drinking water or to breath after an exercise as long as they are in their station and keeping the required distance.

Please Communicate to the teacher if you are not feeling well.

If your mask becomes wet from sweat or heavy breathing, change it out for a clean, dry mask.

If students use disposable face masks, they cannot dispose them at the school (have a plastic bag to store it until you get home)

CLEANING PROTOCOLS

At this point, it goes without saying, but wash your hands or use hand sanitizer before, during and after spending time in the studio. Please bring your personal sanitizer so you can use it at anytime.

Studio will have sanitizing liquid and disinfecting spray in touch points, like doorknobs and barres. If you are allergic please bring your own disinfecting supplies .

Students will share responsibility with the school for cleaning and maintaining their barre spot and common areas sanitized.

RESTROOMS

Before, during and after use, a specific cleaning protocol is posted for the user to follow.

BUILDING CONTROLS- Maintain social distance

No social gathering in the building (hallways -studios)

Stay at least 6' apart.

In the Studios we have arranged spaces in a way that allows the students to keep a distance bigger than the usual 6'— between their self and other dancers. Also space has been organized to allow good flow through the different areas while moving.

Students will be guided through all of the procedures in their first day of class, and reminded for all the classes .

Water / kitchen station / dressing room areas will be closed. Students must bring their own water bottle and enough water to last the class.

Departure

At the end of the class students will be dismissed immediately following the safety procedures.

Please be mindful that teachers need to rearrange and clean the studios after each class and this can not be done until everyone has left the building.

Unfortunately students can not stay to stretch or wait around after class. Please be organize with your personal things for a smooth exiting.

We are thankful and grateful to have you back and your help, support & love is immensely appreciated.

Love Erica Cornejo & Carlos Molina Founders and Directors of Integrarte